

OUR MISSION:

TO PROVIDE A PROFESSIONAL SERVICE, USING BEST PRACTICES.

THE CAREER DAYZ® PROGRAM:

A PROGRAM TO IDENTIFY CAREER INTERESTS AND APTITUDES

OUR MOTTO:

- BE PROACTIVE.
- TAKE CHARGE OF YOUR CAREER.
- LOOK AFTER YOUR HEALTH.

P O Box 300
Caulfield South Vic. 3162
61 3 9578 9077
0418 149 506
ABN: 74 923 166 311
rachela@ozemail.com.au
rachelabramsonandassociates@gmail.com
facebook.com/rachelabramsonandassociates
Skype: [rachel.abramson.and.associates](https://www.rachel-abramson-and-associates.com.au)
www.rachel-abramson-and-associates.com.au
www.centreforcareerdevelopmentanderricksonianhypnosis.com.au

CAREER DAYZ[®] PROGRAM

A PROGRAM TO IDENTIFY CAREER INTERESTS AND APTITUDES

FEATURES OF THE CAREER DAYZ[®] PROGRAM

The CAREER DAYZ[®] Program is an individually tailored Program, designed to help people identify their career interests and aptitudes. The Program uses vocational and personality questionnaires. A vocational report is provided in the second consultation.

This Program also addresses the practicalities involved in turning career aspirations into reality. For some people, this may involve advice on how to prepare their CV. For others, it may involve advice on how to best present themselves at the interview or interview practice. It may involve guidance on tapping into the hidden job market or overcoming barriers to career progression.

The CAREER DAYZ[®] takes between two to five consultations to complete.

This Program leads into the [PROFESSIONAL PRACTICE PROGRAM](#) (a program to help you set up, run and grow a small business) and [SEMINARS OF THE FUTURE[®]](#) (a series of career management and development seminars).

HOW OFTEN SHOULD I REVIEW MY CAREER

It is recommended that you review your career every two to three years. You may need to review it sooner if you have been retrenched or your industry or occupation is undergoing major change. It may also be time to review your career if you no longer enjoy your work or if you are ready for a new challenge.

WHAT TO BRING

You may find it useful to bring your current CV to the second appointment, along with any job advertisements that appeal to you.

THE FEES

The fee for this Program is \$121 per consultation. Fee includes 10% G.S.T. This fee includes the vocational report.

BOOKINGS AND ENQUIRIES

Appointments can be made on Mondays, Fridays and Saturdays at 1st floor, 142 Auburn Road, Hawthorn. (Entrance is from Queens Avenue).

Bookings and enquiries can be made by email (rachela@ozemail.com.au), phone or text message (0418 149 506).