



RACHEL ABRAMSON & ASSOCIATES

smoking • weight • career guidance

Psychologists, Career Counsellors, Hypnotherapists and Relationship Counsellors



OUR MISSION:

TO PROVIDE A PROFESSIONAL SERVICE, USING BEST PRACTICES.

HYPNOTICALLY OVERCOMING PAIN PROGRAM

A PROGRAM TO MANAGE ONE'S PAIN

OUR MOTTO:

- BE PROACTIVE.
- TAKE CHARGE OF YOUR CAREER.
- LOOK AFTER YOUR HEALTH.

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HYPNOTICALLY OVERCOMING PAIN PROGRAM

A PROGRAM TO MANAGE ONE'S PAIN

FEATURES OF HYPNOTICALLY OVERCOMING PAIN PROGRAM

The HYPNOTICALLY OVERCOMING PAIN PROGRAM is individually tailored to help people obtain relief from chronic pain, including that of labour pain and migraines. This Program is based on Ericksonian hypnosis, Solution Oriented Counselling and Neurolinguistic Programming.

In the first instance, Ericksonian hypnosis will be used for relaxation. Thereafter, it will be individually tailored to address the pain problem. Techniques will be discussed to keep the pain under control.

WHAT IF I DON'T KNOW WHY I AM IN PAIN

Pain may signal that something is wrong. It is therefore recommended that you seek medical advice first. If there is an underlying medical problem, we can work concurrently with your preferred medical practitioner.

THE FEES

Weekday consultations are \$87 per consultation. Sunday consultations are \$110 per consultation. Fees are payable by cash or cheque at the time of consultation and are G.S.T.-free.

Medicare rebates apply for those who have been referred by their GP, psychiatrist or paediatrician. Alternatively, rebates may apply for those with private health insurance, extra's cover.

BOOKINGS AND ENQUIRIES

Appointments can be made on Sundays to Thursdays, 10.00 a.m. to 6.00 p.m. We are located on 3rd floor, Suite 307, 566 St Kilda Road, Melbourne. (Near corner of Berrice street and tram stop 26). Onsite parking is available.

Bookings and enquiries can be made by telephone, text message (0418 149 506) or email (rachela@ozemail.com.au). Further information can be obtained by visiting rachel-abramson-and-associates.com.au.